

Collaborating to Heal Addiction and Mental Health in Primary Care (CHAMP)

OBJECTIVE

24 primary care clinics with established or developing [Collaborative Care Model \(CoCM\)](#)* programs will participate in a clinical trial funded by the National Institute of Mental Health. The purpose of the trial is to test whether CoCM that addresses both mental health conditions and co-occurring opioid use disorder (OUD) can improve patient lives. This trial will also examine the effectiveness of screening for OUD and sustainment issues.

BACKGROUND

Around 2.1 million Americans ages 12 years and older had an opioid use disorder OUD in 2016. Among adults who misused opioids in the prior year, 43% also had a mental illness. There is strong evidence for CoCM as a highly effective approach for treating common mental health disorders, but there is no good evidence for using CoCM to treat OUD.

STUDY DESIGN

All participating clinics will begin systematic screening for OUD using a modified and shortened version of the NIDA-ASSIST screener. Participating clinics will be randomized to provide CoCM for mental health conditions and OUD (Intervention) or CoCM for mental health conditions only (Control).

REQUIREMENTS OF PARTICIPATING HEALTH CARE SYSTEMS (EACH CLINIC)

- Agree to have half of the primary care clinics in the study to be randomized to CHAMP **Intervention** and the other half to CHAMP **Control**, and have clinics deliver the intervention for 24 months
- Commit a team to participate in intensive training and coaching around the CHAMP initiative from each clinic
- Conduct systematic, clinic determined, screening for OUD using the modified NIDA-ASSIST, and continue to screen for depression and anxiety
- Recruit and consent patients screening positive for both OUD and depression/anxiety (preferably ~50 patients over 18 months)
- Agree to provide de-identified EHR data for research purposes

BENEFITS TO PARTICIPATING HEALTH CARE SYSTEMS

- Training and ongoing support to implement CoCM for co-occurring OUD and mental health conditions
- Sustainability planning to address financial and staff turnover barriers
- Funding for clinic staff to participate in trainings and interviews (~\$105,000), and to identify and provide informed consent to patients who meet study criteria (\$900 per patient X ~50 = ~\$45,000).
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BENEFITS TO PATIENTS

- Patients enrolled in the study may get treatment for OUD and will receive payment for completing surveys (\$100)

*<https://www.cms.gov/Outreach-and-Education/Medicare-Learning-Network-MLN/MLNProducts/Downloads/BehavioralHealthIntegration.pdf>