



## Case Activity

This activity will provide psychiatric consultants and PCPs the opportunity to discuss and address common issues that can arise in CoCM. We will discuss Case Part 1 as a large group. For Case Part 2, your clinic team (psychiatric consultant and PCP) will discuss and problem-solve together in a breakout room.

**Case Part 1:** Your collaborative care program to treat opioid use disorders and mental health disorders launched 3 weeks ago and there are now 11 patients on the registry. Psychiatric case reviews have been completed for 7 of these patients. For all but one patient, the psychiatrist recommended not starting an SSRI but to increase the dose of buprenorphine-naloxone.

1. What questions might you have about how the program is doing to date?
2. Are there any patterns you notice that you would like to address?

### Instructions:

In your Zoom breakout room, read the case description below and discuss the prompts with your clinic team colleague.

**Case Part 2:** You note that you are getting 1-2 referrals a month for both OUD and MHD. You would like to know why you are not getting more referrals.

### Work together to co-create a plan to engage PCPs in the clinic to introduce the program that addresses the following issues:

1. How would you determine the reason why providers have not been referring patients to the Collaborative Care program for both MHD and OUD?
  - a) How would you address this issue if the reason is a gap in the providers' knowledge?
  - b) How would you address the issue if the reason is a lack of comfort caring for patients with co-occurring MHD and OUD?
  - c) How would you address the issue if the reason is a lack of clarity about the PCP's role/responsibility on the team?



2. How can the psychiatric consultant explain their own role on the team? How can the PCP Champion explain the role for clinic PCPs on the team?

3. What format or venue(s) will you use to communicate with PCPs about this program?

4. Are there key messages that would be best delivered by the PCP Champion? By the psychiatric consultant? By someone else on the team? (And if so, whom?)

5. What resources or tools can you provide?