



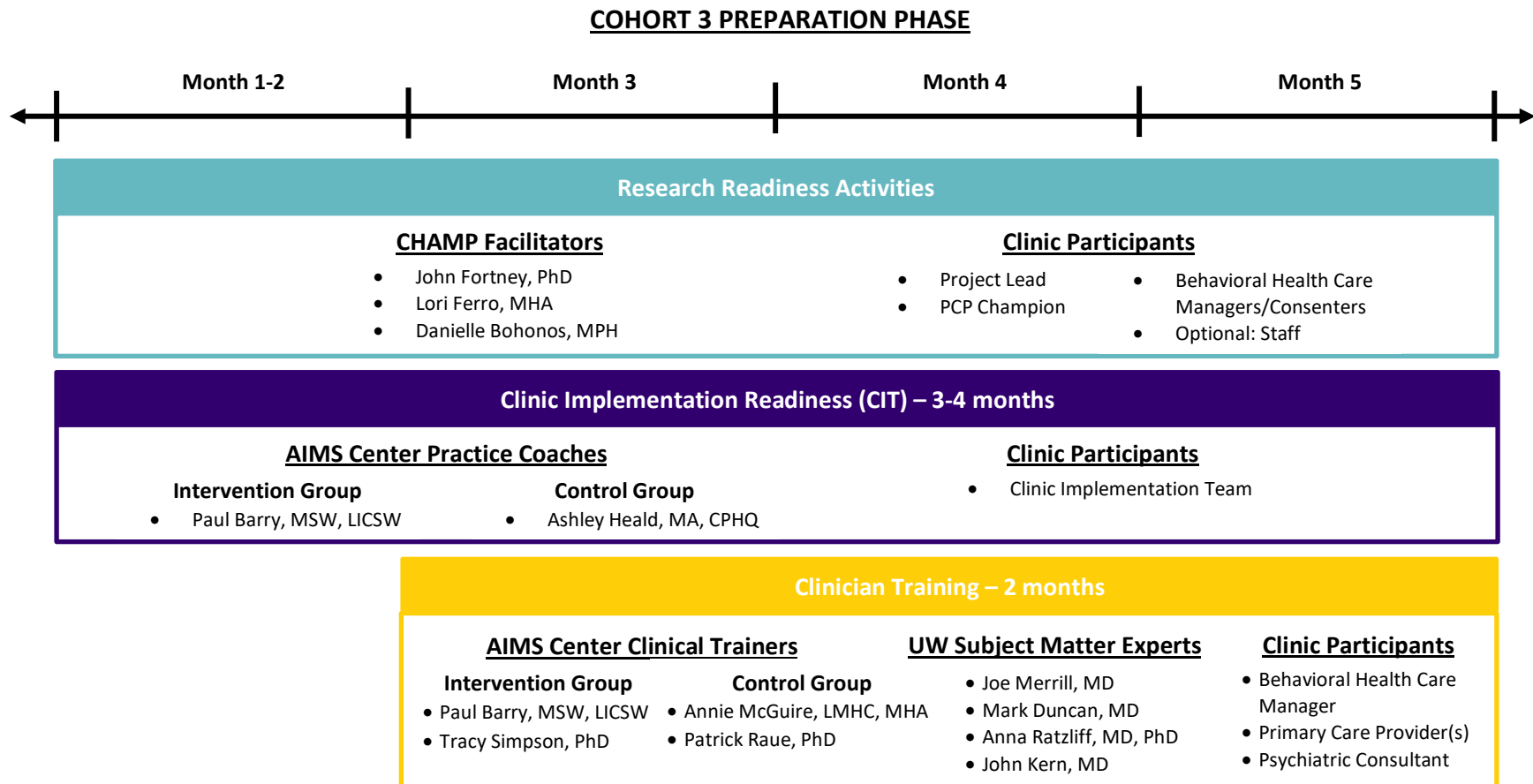
COHORT 3 PREPARATION PHASE OVERVIEW

1. CHAMP Preparation Phase Overview (includes support)
2. Training and Time Commitment by Provider

CHAMP PREPARATION PHASE OVERVIEW

COHORT 3 – INTERVENTION AND CONTROL GROUPS TRAINING AND READINESS ACTIVITIES

This document serves as a high-level overview of the preparation phase for both the **CHAMP Intervention and Control Groups** in **Cohort 3** including the broad categories of training and readiness activities in the CHAMP research study. The Preparation Phase is defined as the 4 months leading up to the launch of OUD Screening and patient recruitment.



PREPARATION PHASE

THREE CATEGORIES OF CHAMP TRAINING AND READINESS ACTIVITIES

RESEARCH READINESS - **FOR COHORT 3 THESE TASKS ARE MOSTLY COMPLETE**

Research Readiness Calls: 30m calls biweekly to get started and then monthly post launch.

Participants: Project Champion and/or Project Lead

Duration: *Commitment Date* through Implementation Phase

Tasks, activities, and calls designed to prepare clinic leadership and staff for engaging in research related activities throughout the study. Organizational research readiness includes,

- Administrative preparation: MOU, BAA, CMTS Site License and vendor registration
- Technical preparation: assessing capabilities of EMR to extract diagnosis data and completing an EMR Test Pull
- Research with Human Subjects compliance: establishing IRB oversight

Additionally, clinic staff research readiness training is designed to prepare staff for executing core research tasks throughout the study including,

- Informed Consent Training: CITI training and Informed Consent Webinar
- Research Data Collection Training (REDCap) for CHAMP

CLINIC IMPLEMENTATION READINESS

Clinic Implementation Readiness Calls: 9 biweekly calls, 60 min each

Participants: [Clinic Implementation Team \(CIT\)](#)

Duration: Months 1-3/4 of Preparation Phase

Tasks, activities, and calls conducted by the AIMS Center Practice Coaches to aid individual clinics in implementing either the CHAMP Intervention or Control. This includes,

- Technical assistance for implementing workflows, hiring/training procedures, billing strategies, etc.
- Coaching support for achieving key implementation milestones.

[The Clinic Implementation Team](#) is created when a medical practice is planning to implement Collaborative Care (CoCM). The team will plan, monitor, and launch the implementation of either the intervention or control. The CIT should consist of 3-5 members with decision-making capabilities, and typically includes the following roles:

1. **Clinic Implementation Team Lead:** Facilitates implementation and leads the **Clinic Implementation Team (CIT)**. Brings together key clinic team members that will be needed to make this systemic change and designates the PCP Champion. See the [CIT Lead Role Description](#) for a thorough outline of the role.
2. **PCP Champion:** Primary Care Providers are critical to the success of integrated care. Therefore, it is essential that they have a voice in planning implementation. The best choice is a practicing PCP who is supportive of implementing integrated care and who can influence other PCPs in the organization. Examples of Primary Care Provider(s) include physicians, physician assistants and/or nurse practitioners. The PCP Champion will participate in team building and development of specific implementation plans. They will communicate changes and expectations between the implementation team and their PCP colleagues. See the [PCP Champion Role Description](#) for a thorough outline of the role.
3. **Behavioral Health Care Manager and/or Behavioral Health Supervisor:** Like the PCP Champion, the behavioral health care manager and/or supervisor is supportive of implementing integrated care and can influence other behavioral health care managers. Examples of behavioral health care managers include registered nurses, licensed psychologists, or licensed social workers. As part of the planning team, they will participate in and often lead the team building process.

CLINICIAN TRAINING

Clinician Training Calls: 60 min each, *frequency varies by provider type*

Participants: Behavioral Health Care Manager (BHCM), Primary Care Provider (PCP), and Psychiatric Consultant (PC)

Duration: last 8 weeks of Preparation Phase

Tasks, activities, and calls designed and facilitated by the AIMS Center Clinical Trainers to prepare clinicians for delivering either the CHAMP Intervention or Control. Clinician Training for CHAMP is divided by provider type and intervention arm; it includes,

- **Independent, online learning** through the AIMS Center Learning Management System (LMS).
- **Group training calls** to digest, reflect upon, and ask questions about the independent learning performed in the LMS.

CHAMP TRAINING AND TIME COMMITMENT

High-level overview of preparation and clinical training activities by provider type during Preparation and Implementation phases for the CHAMP Cohort 3 Group. Training commitment is the approximately the same for control and intervention groups, but the training content, practice coaches and the clinical trainers will differ.

Note, it is expected that the implementation teams will spend additional hours on their own time to complete tasks in preparation for the implementation of the intervention.

CLINIC IMPLEMENTATION TEAM (CIT)

Preparation Phase: Months 3-4 – Clinic Implementation Readiness					
Team	Training Activity	Training Type	Required	Unit/Hours	Commitment
Clinic Implementation Team	CHAMP Implementation Readiness Calls	Monthly Zoom Calls with each Clinic’s CIT Separate Calls with each Clinic.	X	9 calls, 1 hr. each	9 hrs.
Clinic Implementation Team Maximum Training Hours					9 hrs.
Implementation Phase: Months 1-18 – Clinic Implementation Support					
Team	Training Activity	Training Type	Required	Unit/Hours	Commitment
Clinic Implementation Team	CHAMP Implementation Support Calls	Monthly Zoom Calls with each Clinic’s CIT Separate Calls with each Clinic.	X	18 calls, 1 hr. each	18 hrs.
Clinic Implementation Team Maximum Support Hours					18 hrs.

NOTE: THESE HOURS ARE INCLUDED IN THE TOTALS BELOW.



CHAMP OVERALL TIME COMMITMENT

SUMMARY BY ROLE

Project Role	Preparation	Clinician Training	Clinical Implementation and Support	Research Implementation Support
Behavioral Health Care Manager	Up to 17 hrs.	Up to 22 hrs.	Up to 38 hrs.	Up to 9 hrs 1x/m 30m calls with Research Team
Primary Care Provider Champion	Up to 9 hrs.	MD: 8 hrs. waiver training ARNP/PA: 24 hrs. waiver training CHAMP Training: up to 16 hours	Control PCP Champions: Up to 18 hrs. Intervention PCP Champions: Up to 27 hrs.	NA
Psychiatric Consultant	Up to 9 hrs <i>(if they participate in CIT Calls)</i>	MD: Up to 19hrs ARNP: Up to 35hrs	Up to 9hrs Support Calls	NA

Note: It is expected that the implementation teams will spend additional hours on their own time to complete tasks in preparation for the implementation of the intervention. Additionally, PCP Champions will need time to communicate to other providers in their clinic. Other Clinic Providers participating in CHAMP are welcome to attend any of the trainings.

CHAMP TRAINING AND TIME COMMITMENT

BEHAVIORAL HEALTH CARE MANAGER (BHCM)

NOTE: IG = Intervention Group; CG = Control Group

Preparation Phase: 3-4 Months – Research Readiness				
Activity	Training Type	Required	Unit/Hours	Commitment
CIT Calls with the AIMS Coach	Clinical Implementation Team: Preparation for CHAMP	BCHMs	9 calls, 1 hr.	9 hrs.
CITI Training	Independent online training, free See <i>CITI Training Requirements</i> for details	Consenters	6 hrs.	6 hrs.
Consent Training Webinar	Group training, by health system	Consenters	1 call, 1 hr.	1 hr.
Res. Data Collection Training -REDCap	Group training, by health system (BHCM and appr. staff)	X	1 call, 1 hr.	1 hr.
Behavioral Health Care Manager Maximum Total Preparation Hours				17 hrs
Preparation Phase: 2 Months - Clinician Training				
Training Activity	Training Type	Required	Unit/Hours	Commitment
BHCM CoCM Training	Independent, online training via Learning Management System (LMS)	X	CG: 9 hrs. IG: 12 hrs.	CG: 9 hrs. IG: 12 hrs.
BHCM CoCM Training Calls	Group training calls, by Intervention or Control Clinics	X	3 calls, 1 hr. each	3 hrs.
Behavioral Activation Practice and Case Review	Group training calls, by Intervention or Control Clinics	X	CG: 3 calls, 1 hr. each IG: 2 calls, 1 hr. each	CG: 3 hrs. IG: 2 hrs.
BHCM & PC - Case Review and Registry Use	Group training calls, by Intervention or Control Clinics	X	1 call, 1 hr.	1 hr.
Clinical Delivery Team Training	Training call with each clinic's care team - includes BHCM(s), PCP Champion, Psychiatric Consultant	X	2 calls, 1 hr. each	2 hrs.
Care Management Tracking System (CMTS) Training	Group training call, by Intervention or Control Clinics	X	1 call, 1 hr.	1 hr.
Behavioral Health Care Manager Total Maximum Training Hours (required)				CG: 19 hrs. IG: 22 hrs.
Implementation Phase: Months 1-18 – Clinician Support				
Activity	Training Type	Required	Unit/Hours	Commitment
CIT Support Calls	Ongoing Clinic Implementation Team calls	X	18 calls, 1hr each	18 hrs.
BHCM CoCM Support Calls	Group training calls, by Intervention or Control Clinics	X	18 calls, 1 hr. each	18 hrs.
Behavioral Activation Case Calls	Group training calls, by Intervention or Control Clinics	X	CG: 3 calls, 1 hr. each IG: 4 calls, 1 hr. each	CG: 3 hrs. IG: 4 hrs.
Behavioral Health Care Manager Total Support Hours (required)				CG: 39 hrs. IG: 38 hrs.



CHAMP TRAINING AND TIME COMMITMENT

PRIMARY CARE PROVIDER CHAMPIONS (PCP)

Preparation Phase: 3-4 Months – Research Readiness				
Activity	Training Type	Required	Unit/Hours	Commitment
CIT Calls with AIMS Practice Coach	Clinical Implementation Team: Preparation for CHAMP	PCP Champions	9 calls, 1 hr.	9 hrs.
Primary Care Provider Champion Maximum Total Preparation Hours				9 hrs
Preparation Phase: 2 Months – Clinician Training				
Training Activity	Training Type	Required	Unit/Hours	Commitment
Waiver Training	Half & Half: Free, 4 hr. live webinar + 4 hr. (MD/DO) or 20 hr. (PA/NP) independent, online training through PCSS . Full: Free, online training through PCSS	For PCPs not yet waived	MD/DO: 8 hrs. PA/NP: 24 hrs.	MD/DO: 8 hrs. PA/NP: 24 hrs.
Core CoCM PCP Training	Independent, online training	X	Reading	2-4 hrs.
PCP Clinician Training Calls	Group training calls, by Intervention or Control Clinics	X	1 call, 1 hr.	1 hrs.
PCP & PC – Team Communication	Group training calls, by Intervention or Control Clinics	X	1 calls, 1 hr.	1 hr.
Clinical Delivery Team Training	Training call with each clinic’s care team - includes BHCM(s), PCP Champion, Psychiatric Consultant, and other Clinical Implementation Team members	X	2 calls, 1 hr. each	2 hrs.
Primary Care Provider Champion Maximum Total Training Hours (required)				MD/DO: 16 hrs. PA/NP: 32 hrs.
Implementation Phase: Months 1-18 – Clinician Support				
Activity	Training Type	Required	Unit/Hours	Commitment
CIT Support Calls (with AIMS PC)	Ongoing Clinic Implementation Team calls	X	18 calls, 1hr each	18 hrs.
PCP Office Hours	Group training calls for Intervention Clinics ONLY	X	9 calls, 1 hr. each	9 hrs.
Primary Care Provider Champion Total Support Hours – <i>Intervention ONLY</i>				CG: 18 hrs IG: 27 hrs.



CHAMP TRAINING AND TIME COMMITMENT

PSYCHIATRIC CONSULTANT (PC)

Preparation Phase: 2 Months – Clinician Training				
Training Activity	Training Type	Required	Unit/Hours	Commitment
Waiver Training	Half & Half: Free, 4 hr. live webinar + 4 hr. (MD/DO) or 20 hr. (PA/NP) independent, online training through PCSS . Full: Free, online training through PCSS	X	MD/DO: 8 hrs. PA/NP: 24 hrs.	MD/DO: 8 hrs. PA/NP: 24 hrs.
Core CoCM PC Training	Independent, online training	X	Reading	2-6 hrs.
PC Clinician Training Calls	Group training calls, by Intervention or Control Clinics	X	2 calls, 1 hr. each	2 hrs.
BHCM & PC – Case Review and Registry Use	Group training call, by Intervention or Control Clinics	X	1 call, 1 hr.	1 hr.
PCP & PC – Team Communication	Group training call, by Intervention or Control Clinics	X	1 call, 1 hr.	1 hr.
Clinical Delivery Team Training	Training call with each clinic’s care team - includes BHCM(s), PCP Champion, Psychiatric Consultant, and other Clinical Implementation Team members	X	2 calls, 1 hr. each	2 hrs.
Psychiatric Consultant Total Training Hours (required)				MD/DO: 20 hrs. PA/NP: 36 hrs.
Implementation Phase: Months 1-18 – Clinician Support				
Activity	Training Type	Required	Unit/Hours	Commitment
PC Clinical Coaching Calls	Group training calls, by Intervention or Control Clinic	X	9 calls, 1 hr. each	9 hrs.
Psychiatric Consultant Total Support Hours				9 hrs.

