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Feedback: Please type into the chat!

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Welcome! As we are waiting for people to join-  
please answer the following question:

What questions do you have about  
NMA screening for Opioid Use Disorder?

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*At the end of NMA training, clinical teams should  
be able to:*

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- Describe why NIDA Modified ASSIST (NMA) screening is important for care delivery
- Discuss how stigma may impact NMA screening
- Name one strategy to introduce the NMA to a patient

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## The Power of OUD Screening

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DIVISION OF POPULATION HEALTH IN COLLABORATION WITH  
THE AIMS CENTER

April 2021

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Why is it important to screen for  
opioid use disorder(OUD)?

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## Just like any other health screening!

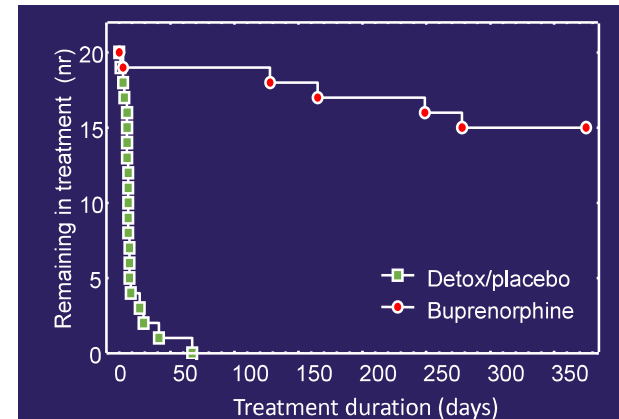


- Might seem uncomfortable or seem like it a sensitive topic
- Information about opioid use is important for a patient's health!

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## We have treatment that works!



Kakko J et al. 1-year retention and social function after buprenorphine-assisted relapse prevention treatment for heroin dependence in Sweden: a randomized, placebo-controlled trial. *Lancet* 361(9358):662-8, 2003.

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## OUD is a Disease is Not a Choice

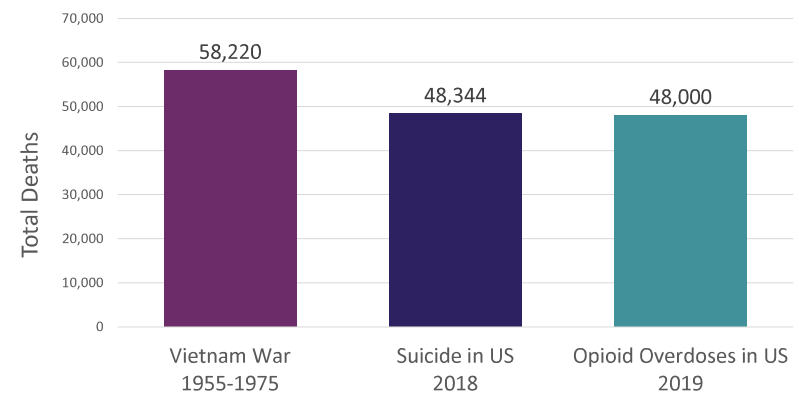


- Opioid Prescribing in the USA 2018<sup>1</sup>
  - Still double the rate of 1999
  - 5% of world's population, 80% of opioid prescriptions
- 53% of people who use heroin and 10-20% prescribed opioid pain meds develop OUD<sup>2</sup>
- Important factors
  - Biology
  - Environment
  - Exposure

<sup>1</sup> Doctors And Dentists Still Flooding U.S. With Opioid Prescriptions NPR 07/17/20  
<sup>2</sup> OUD epidemiology, pharmacology, clinical manifestations, course, screening, assessment and Diagnosis Eric Strain and Andrew Saxon, Up to date, 12/2019

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## To save lives!



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“Our disease jeopardizes our jobs and our relationships with the people we love.

It's a terrible disease...

It's kind of counterintuitive that people who need the help the most are the ones that people least want to help...”

- Patrick J. Kennedy

Founder The Kennedy Forum and Former Congressman

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Patient completes NMA Self Report paper form:

- You can directly hand a copy of the NMA to the patient to complete on their own. We developed the NMA to be used in this way. Many studies have shown that patients can successfully fill out these kinds of forms by themselves and do not need your assistance.
- If the patient completes the NMA on paper, immediately enter the score into the EHR.
- You may be asked to be responsible for alerting the provider if follow up is indicated by the patient's score.

Rooming staff complete NMA Interview Format form with the patient:

- Some rooming staff administer the NMA verbally as part of the rooming process, entering the score directly in the EHR.
- If you are administering the PHQ 9 in this way, it is very important that you ask the questions exactly as written on the form, including the suggested names of the relevant substances. We also ask that you read the full introduction.
- Be sure that you do not make the patient feel rushed in any way so as to ensure accurate responses.
- Do NOT enter “0” in the EHR if the patient did not complete the NMA
- Make a note in the chart if the patient was unwilling or unable to complete the NMA.
- You may be asked to be responsible for alerting the provider if follow up is indicated by the patient's score.

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OUD screening: NIDA-Modified Assist



**NIDA-Modified ASSIST- CHAMP – Self Report Format**

Thank you for taking this brief screen about opioid use. The following questions ask you about your experience using these substances. Some of these substances may be prescribed by a doctor; however, if you have taken such medications for reasons other than as prescribed or taken them more frequently or at higher doses than prescribed, please answer the questions accordingly. Use a (/) to indicate your answer.

**Use of Prescription Opioids Other Than as Prescribed, Q1-6**

Prescription opioids include: fentanyl, oxycodone (Oxycontin, Percocet), hydrocodone (Vicodin), methadone, buprenorphine, etc.

| In the past 3 months...  | Never     | Once or Twice                     | Monthly | Weekly                    | Daily or Almost Daily |
|--|-----------|-----------------------------------|---------|---------------------------|-----------------------|
| 1. How often have you used prescription opioids?<br><b>IF ANSWER IS 'NEVER' SKIP TO QUESTION 7.</b>                | 0         | 1                                 | 2       | 3                         | 4                     |
| 2. How often have you had a strong desire or urge to use prescription opioids?                                     | 0         | 3                                 | 4       | 5                         | 6                     |
| 3. How often has your use of prescription opioids led to health, social, legal or financial problems?              | 0         | 4                                 | 5       | 6                         | 7                     |
| 4. How often have you failed to do what was normally expected of you because of your use of prescription opioids?  | 0         | 5                                 | 6       | 7                         | 8                     |
| <b>In your lifetime...</b>   | No, Never | Yes, but not in the past 3 months |         | Yes, in the past 3 months |                       |
| 5. Has a friend or a relative or anyone else <u>ever</u> expressed concern about your use of prescription opioids? | 0         | 3                                 | 6       |                           |                       |
| 6. Have you <u>ever</u> tried and failed to control, cut down or stop using prescription opioids?                  | 0         | 3                                 | 6       |                           |                       |

**Street Opioid Use, Q7-12**

Street opioids include: fentanyl, heroin, oxycodone, tramadol, etc.

| In the past 3 months...   | Never     | Once or Twice                     | Monthly | Weekly                    | Daily or Almost Daily |
|---|-----------|-----------------------------------|---------|---------------------------|-----------------------|
| 7. How often have you used street opioids?<br><b>IF ANSWER IS 'NEVER', END OF SCREEN.</b>                     | 0         | 1                                 | 2       | 3                         | 4                     |
| 8. How often have you had a strong desire or urge to use street opioids?                                      | 0         | 3                                 | 4       | 5                         | 6                     |
| 9. How often has your use of street opioids led to health, social, legal or financial problems?               | 0         | 4                                 | 5       | 6                         | 7                     |
| 10. How often have you failed to do what was normally expected of you because of your use of street opioids?  | 0         | 5                                 | 6       | 7                         | 8                     |
| <b>In your lifetime...</b>  | No, Never | Yes, but not in the past 3 months |         | Yes, in the past 3 months |                       |
| 11. Has a friend or a relative or anyone else <u>ever</u> expressed concern about your use of street opioids? | 0         | 3                                 | 6       |                           |                       |
| 12. Have you <u>ever</u> tried and failed to control, cut down or stop using street opioids?                  | 0         | 3                                 | 6       |                           |                       |

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NIDA-Modified Assist: Scoring



**NIDA-Modified ASSIST- CHAMP – Self Report Format**

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| 1. How often have you used prescription opioids?<br><b>IF ANSWER IS 'NEVER' SKIP TO QUESTION 7.</b>                | 0         | 1                                 | 2       | 3                         | 4                     |
| 2. How often have you had a strong desire or urge to use prescription opioids?                                     | 0         | 3                                 | 4       | 5                         | 6                     |
| 3. How often has your use of prescription opioids led to health, social, legal or financial problems?              | 0         | 4                                 | 5       | 6                         | 7                     |
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| 12. Have you <u>ever</u> tried and failed to control, cut down or stop using street opioids?                  | 0         | 3                                 | 6       |                           |                       |

|  |               |
|--|---------------|
| Level of risk associated with different Substance Involvement Score ranges for illicit or nonmedical prescription drug use |               |
| 0-3  | Lower Risk    |
| 4-26   | Moderate Risk |
| 27+  | High Risk     |

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Feedback: Please type into the chat!

How do patients respond to being screened with NMA?

What concerns do you think patients may have about being asked the questions on the NMA screener?



## Consider Stigma, Unconscious Bias and Language

- Sometimes just the words we use have a bigger impact than we think
- A commonplace term to us might evoke prejudice and bias in others
- Words have powerful positive and negative associations that evoke feeling and action

## You Have an Important Role in Normalizing Screening

- Use person first language
- Use standardized tools – like the NMA
- Use standardized scripts to introduce screening
- Share the benefits of screening with patients
- Review results with patients so their time feels valued



## Proposed Person-first Terminology to Reduce Stigmatization

| Avoid  | Preferred   |
|--|---|
| Abuse  | Use (or specify low-risk or unhealthy use; the latter includes at-risk/hazardous use, harmful use, substance use disorder, and addiction)                 |
| Addict, user, abuser                                     | Person with (the disease of) addiction, a substance use disorder, or gambling disorder  |
| Dirty vs clean urine                                     | Positive or negative, detected or not detected  |
| Misuse, problem  | More accurate terms include at-risk or risky use, hazardous use, unhealthy use to describe the spectrum from risky/at-risk/hazardous use through disorder |
| Relapse  | Use, return to use, recurrence (of symptoms) or disorder vs remission specifiers (early or sustained) as defined by DSM-5                                 |
| Substitution, replacement, medication assisted treatment | Opioid agonist treatment, medication treatment, psychosocially assisted pharmacologic treatment, treatment  |

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## Introducing the NMA

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- *Example script:*
  - *We have a new screening tool that we're now using routinely with our patients. It's connected to expanded treatment opportunities we are offering here at the clinic in response to the opioid epidemic. This screening will give your provider important information that they can use to guide your healthcare decisions and help us take care of you in the best way possible.*
- *Introduction from the NMA:*
  - *Hi, I'm \_\_\_\_\_, nice to meet you. If it's okay with you, I'd like to ask you a few questions that will help me give you better medical care. The questions relate to your experience with opioid use. Some of the substances we'll talk about are prescribed by a doctor, but I will only record use of those substances if you have taken them for reasons or in doses other than as prescribed. I'll also ask you about illicit or illegal drug use—but only to better diagnose and treat you.*

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## Debrief

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- What went well?
- Anything you would do differently?

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## Practice!

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- Pairs in a break-out room
- First person picks one introduction and practices delivering this introduction to your partner
- Then, second person practices delivering this introduction
- We will come back together to discuss!

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## Discussion

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What makes it easier to complete screening?

What makes it challenging to complete screening?

What has helped make screening work for other screeners, like PHQ-9?

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## Resources: NMA Toolkit

- Additional information on NMA
- FAQs
- Example workflows
- PCP scripts and codes for patients with a positive OUD screen
- PCP scripts for presenting Narcan to patients