

PSYCHIATRIC CONSULTANT ROLE

The psychiatric consultant is a critically important member of the collaborative care team. The psychiatric consultant supports the PCP and the behavioral health care manager (BHCM) in treating patients with behavioral health problems, but does not see the patient, except in rare circumstances, and does not prescribe medications. The psychiatric consultant role also includes education and training of the CoCM team. This support and guidance most commonly occur during the caseload review with the BHCM, but consultations on urgent issues also happen between caseload reviews. For CHAMP, the role of the psychiatric consultant also requires expertise around assessment and treatment of co-occurring disorders (MHD and OUD).

CORE GOALS

- Understand the Collaborative Care Model (CoCM) and develop skills to work with a BHCM and a PCP
- Develop advanced skills as a team liaison and leader in CoCM

STRUCTURE

The psychiatric consultant training consists of several components, as shown below. Please use the information on this website to be sure you are completing the components as required. A breakdown of the estimated time to complete each component is provided. All components are self-paced and can be completed over the course of multiple sessions. As you get started in your role, your CHAMP study clinical trainer (Mark Duncan, mhduncan@uw.edu) will work with you to prioritize topics and activities that best fit into your clinic schedule

INSTRUCTIONS

Download and print a copy of this onboarding plan. The CHAMP study clinical trainer will orient you to the full list of tasks.

CHAMP TRAINING AND TIME COMMITMENT | INTERVENTION – COHORT 2

| Components | Training Activity | Commitment | Notes/Activity links |
|---|--|---|--|
| <p>Prepare for introductory call w/ CHAMP study clinical trainer</p> | <p>Schedule introductory call with CHAMP study clinical trainer</p> <p>PRIOR TO INTRODUCTORY CALL:</p> | | <p>Email Mark Duncan, mhduncan@uw.edu to schedule a call.</p> |
| | <p>1. Make sure you can log in and access the online training modules</p> | | <p>To access:</p> <ul style="list-style-type: none"> • Complete the training registration form • Watch for an email containing further instructions for: <ul style="list-style-type: none"> ○ Creating an LMS account ○ Using your unique enrollment code to access the training* • If you need assistance, visit the FAQ page or contact us. <p><i>*Note: The online training modules are <u>free of charge</u>. Please contact us if the online course system says that payment is required.</i></p> |
| | <p>2. Read chapters 1-2 of the book, <i>Integrated Care: Creating Effective Mental and Primary Health Care Teams</i></p> | <p>1 hour</p> | <p>Your CHAMP study clinical trainer will email you a PDF of these chapters. Your clinic should also have a hard copy of the book.</p> <p><i>Please note: Because this material is copyrighted, it is for internal use/training purposes only.</i></p> |
| <p>3. Access the CHAMP website</p> | | <ul style="list-style-type: none"> • Access the CHAMP website • Review the General Resources tab, including the CHAMP Flyer, to familiarize yourself with the study • Go to the Preparation and Training Page • Find your correct Intervention Cohort • Enter the password-protected Psychiatric Consultant page (Cohort 2, Intervention): • Find and look at the CMTS Resources <p>Passcode: int2021</p> | |

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|--|---|------------|--|
| Introductory call w/ CHAMP study clinical trainer | Connect with your CHAMP study clinical trainer to review the onboarding plan and prioritize training tasks | 30 minutes | Ensure you have completed the tasks above prior to this call. |
| Clinician Training | Complete the online training modules for Psychiatric Consultants | 5 hours | <p>Required:</p> <ol style="list-style-type: none"> 1. CHAMP Study Collaborative Care Model Training for the Psychiatric Consultant <ol style="list-style-type: none"> a. Overview of CHAMP: Collaborative Care for Co-Occurring OUD and MHD b. CHAMP Psychiatric Consultant Essential Skills Training (Parts 1 & 2) c. Introduction to Behavioral Activation for CHAMP <p>Optional Materials:</p> <ul style="list-style-type: none"> • American Psychiatric Association (APA): Applying the Integrated Care Approach: Core (4 hours) <ul style="list-style-type: none"> • Register HERE • Not supported by Internet Explorer <p>If you need assistance, visit the FAQ page or contact us</p> |
| | <ul style="list-style-type: none"> • Get access to the registry tool: Care Management Tracking System (CMTS) via your clinical or site supervisor. Ask for a test account and active account. • If not completed during the online training modules, review the registry tool resources and watch the tutorial videos | 1 hour | <p>Registry tool resources and tutorial videos:</p> <p>https://champ.psychiatry.uw.edu/training/cohort-2-intervention-clinic-resources/champ-intervention-cmts-training-resources/</p> <p>Passcode: int2021</p> |

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|--|---|------------------|--|
| <p>Clinician Training, cont'd</p> | <ul style="list-style-type: none"> • Practice CoCM Skills <ol style="list-style-type: none"> 1. Complete the Psychiatric Consultant Elevator Speech Guided Practice activity 2. Watch portions of the video recording from the live training for BHCMS and psychiatric consultants. 3. Complete the CHAMP Caseload Review Guided Practice activity | <p>1.5 hours</p> | <p><u>Recording of the live training sessions*</u>:</p> <ul style="list-style-type: none"> • BHCM/Psychiatric Consultant Team Training (dated 9/21/20) https://vimeo.com/467851067/46c6cbc2db <ul style="list-style-type: none"> ○ Watch this portion of the video: <ul style="list-style-type: none"> ▪ 00:00 - 20:21 <p><i>*Note: This training call was recorded for an earlier CHAMP cohort, but the content is the same</i></p> <p><u>Materials needed for activities:</u></p> <ul style="list-style-type: none"> • Psychiatric Consultant Elevator Speech Guided Practice • CHAMP Caseload Review Guided Practice <p>Access the activity materials here: https://champ.psychiatry.uw.edu/training/onboarding-new-clinical-providers/cohort-2-intervention-group-onboarding/</p> <p>Passcode: int2021</p> |
| <p>Follow-up call w/ clinical trainer</p> | <ul style="list-style-type: none"> • Connect with the CHAMP study clinical trainer to: <ul style="list-style-type: none"> ○ Review questions & key points from online modules ○ Practice your elevator speech exercise ○ Discuss systematic caseload review, case presentation preferences, & communication with BHCM | <p>1 hour</p> | <p>Plan to schedule this call within <u>2 weeks</u> of completing the clinician training components.</p> |

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| Components | Training Activity | Commitment | Notes/Activity links |
|-----------------------------------|--|----------------------|---|
| CHAMP Site Provider Survey | <ul style="list-style-type: none"> Complete the CHAMP Intervention Site Provider Survey | 30 minutes | Once your training activities are concluded, you will receive an email with a unique link for the REDCap survey. Please complete the survey within 1 month of receipt (you can save your progress during the survey and return to it, so it does not have to be completed in one session). |
| Ongoing CHAMP study calls | <ul style="list-style-type: none"> You will receive invitations to the following recurring CHAMP study calls. Please look for the invitations and block your clinical schedule accordingly: <ul style="list-style-type: none"> Psychiatric Consultant Clinical Coaching Calls (bimonthly) | 1 hour each, ongoing | Psychiatric Consultant Clinical Coaching Call Schedule: https://champ.psychiatry.uw.edu/implementation-support/cohort-2-intervention-clinics/c2i-psychiatric-consultant-support/ passcode: int2021 |