**Working with Patients with co-occurring Disorders: Case Presentation**

**Case Presentation for Training**

**Patient Information**

Age:

Gender:

Diagnoses:

Basic info (no identifying info please!). factors affecting treatment course / outcome

e.g. living situation, stressors, strengths,

PHQ-9 at Baseline: Most recent PHQ-9:

Length of time in treatment (# weeks or months):

Treatment goals (and progress/challenges with these):

Treatment:

Medications: (Was medication/dose adjusted during the course of treatment?)

Behavioral interventions: Was psychotherapy or another therapeutic intervention (e.g. behavioral activation) part of the treatment plan? Any other psych/social supports enlisted (support groups etc)

**Case Formulation:**

What are the priorities for this patient?

How did you identify treatment targets for this patient?

**Issues to consider:**

How does the substance use interfere with treatment?

How does the mental health diagnosis complicate things?

Can you help with both issues at once? Do you prioritize one?

How do the two disorders present special challenges with this patient?

**Challenges you have about this patient to share with the group:**