



Collaborating to Heal Addiction and Mental Health in Primary Care (CHAMP)

WHAT IS CHAMP?

The **CHAMP Collaborative Care** program supports individuals who have common *mental* health conditions like depression and anxiety along with opioid use treated within their primary care clinic.

CHAMP is also a research study funded by the *National Institute of Mental Health*. The purpose of this study is to evaluate two ways of using the **Collaborative Care** model to helping primary care participants address their use of opioids and to find a healthier balance of medications. The program also aims to help participants learn new coping skills to improve their lives.

Clinics have been randomly selected for the study to have a **Collaborative Care** program that treats opioid use and other common behavioral health conditions, and other clinics were randomly selected to have a **Collaborative Care** program that primarily treats behavioral health conditions, but not opioid use directly.

All study study treatments that will be offered to participants in the CHAMP program are used routinely to treat participants. These include medication and behavioral study study treatments. This study is NOT testing experimental drugs, devices, or therapies.

Participants will receive all CHAMP study treatment at their primary care clinic and all visits with the mental health specialists will be in person, or via interactive video, whichever is better for the participant.

The *Collaborative Care* model provides mental health care as a team:

- Your primary provider
- A behavioral health care manager
- A psychiatric consultant

WHAT ARE THE BENEFITS TO ME IF I PARTICIPATE?

You will get study-related support and brief counseling from a behavioral health specialist while you work with your primary care provider to change your opiate use patterns. CHAMP also may help participants to learn new skills to cope with depression, anxiety, or other common mental health concerns. Participants who are enrolled in the CHAMP study will receive \$150 for completing 3 surveys (\$50 per survey)

HOW DO I ENROLL?

If you decide to participate, please let your primary care provider know. **If you decide later that you don't want to be in the study, you can quit at any time.**