


AIMS CENTER
UNIVERSITY of WASHINGTON
Psychiatry & Behavioral Sciences

Engaging Patients in Collaborative Care


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AIMS Center Introductions



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Learning Objectives

By the end of this session, participants should be able to:

- Describe core strategies for engaging patients in Collaborative Care
- Tailor their CoCM elevator speech to the unique needs of individual patients

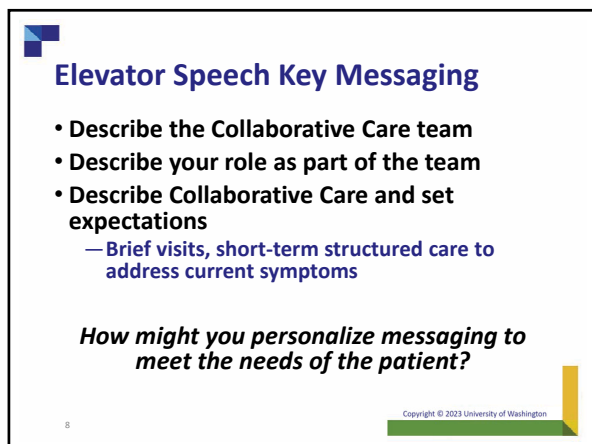
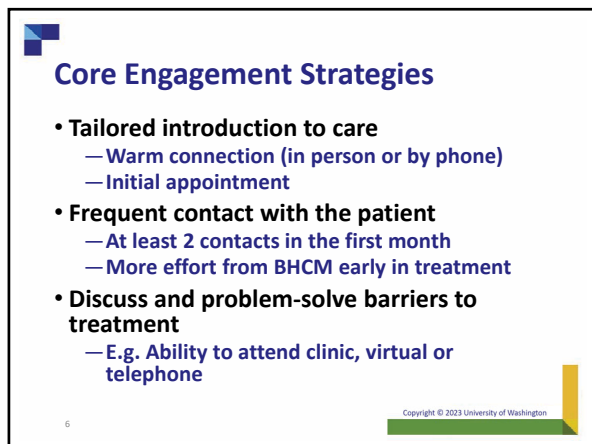
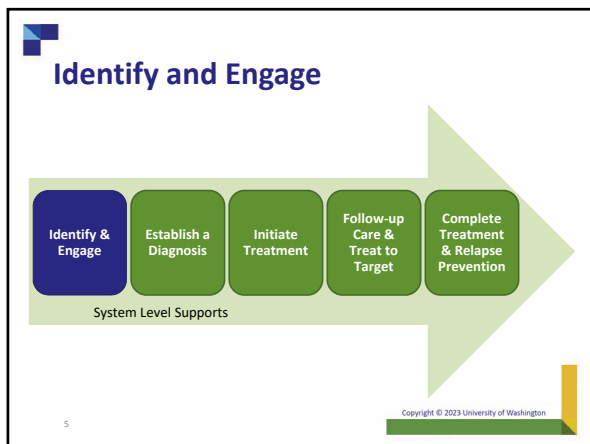
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Discussion



What are some of the barriers to engagement for CHAMP eligible patients?

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Flexible Talking Points

- **Access treatment NOW**
- **Team-based care under the same roof**
- **Focus on symptoms problematic for patient**
 - Don't need to focus on diagnosis
 - Match patient's language
- **Treatment options available in CoCM**
 - Medication management
 - Brief behavioral interventions (BBI)
 - Both medications and BBI
- **Frequent assessment of progress**
 - Proactively adjust treatment, including referral/bridge to specialty if needed

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Discussion: Tailoring Your Speech to Enhance Engagement

Scenarios:

1. **Patient is looking for psychotherapy or long-term treatment**
2. **Patient is not interested in counseling**
3. **Patient has previously taken medications for depression and OUD and did not have a good experience**
4. **Patient is wanting to see a psychiatrist**

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Questions

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