

Learning Objectives





By the end of this session, participants should be able to:

- Understand why people use fentanyl
- Remember the impact of fentanyl use on treatment
- Recall updated advocacy on treatment approaches

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Why Use Fentanyl





- Exploratory qualitative study of 30 fentanyl users at four WA state syringe service Programs
 - Mostly smokers, 83% reported daily use
- Motivations for use
 - 70% of respondents mentioned pain management
 - "Numbing out" mental health and mood symptoms, negative self-image and trauma
 - Withdrawal avoidance/addiction
 - Smoking preferable/safer than injecting
 - Availability and convenience
 - To get high

Winstead T et al Unmet Needs, Complex Motivations, and Ideal Care for People Using Fentanyl in Washington State: A Qualitative Study, June 2023

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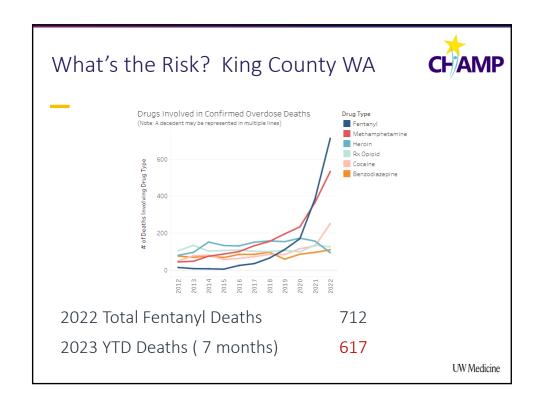
Concerns about Fentanyl





- Fear of dying- unpredictability of potency and dosing
- "It's killing way too many people, good people who don't deserve to die. And it makes you a prisoner to the drug. And when you try to go without it, it feels like you're dying.
- Withdrawal comes on too fast
- Negative impact on other priorities
 - Relationships
 - Employment
 - Housing

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Interest in Treatment





- 70% of respondents expressed an interest in reducing risk or stopping
- Some reasons to stop
 - Feeling stuck

I'm stuck on the street, so I can't get out of here, and I'm not going to be sober being here... I do want to stop—I want a normal life, but I can't get it

- Exhausted from spiral of chaotic use

 I've just been doing this too long, and I don't want to waste the rest of my life.
- Fentanyl use is a barrier to achieving goals

 It's just stopping me from doing the things I need to do to get my life back together

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